

PARLIN CLASS SCHEDULE

<u>CLASS</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
TIGER CUBS 4 & 5	6:00 pm	4:00 pm		4:00 pm	6:00 pm	11:00 am
TIGERS 5-7	4:45 pm	6:00 pm	5:30 pm	5:15 pm	4:00 pm	10:30 am
JUNIORS AGED 7-12						
BEGINNERS 7-12		5:15 pm	4:45 pm	5:45 pm	6:30 pm	9:45 am
CAMO, GREEN, PURPLE	4:00 pm	6:30 pm	4:00 pm	5:45 pm	5:15 pm	9:45 am
BLUE-BROWN-RED REC.	6:00 pm	4:30 pm		4:30 pm	5:15 pm	11:45 am
RED DEC., BLACK REC.& ALL BLACK BELTS	5:15 pm		6:00 pm	6:30 pm	4:30 pm	11:45 am
ADULT & TEEN						
W-O-Y-C-G-P---TEENS & ADULTS	7:30 pm		7:30 pm		7:30 pm	9:00 am
BLUE-BRWN-RED-TEENS&ADULTS	6:30 pm		8:15 pm		7:30 pm	9:00 am
BLACK BELTS		7:30 pm		7:30 pm	7:30 pm	9:00 am
BRAZILLIAN JIU-JITSU	6:45 pm		6:45 pm	6:45 pm		
CAGE FITNESS	7:30 pm		7:30 pm	7:30 pm		
SWORDSMANSHIP--(GUMDO)	8:15 pm					8:15 am
LEADERSHIP					JRS 6:00 pm Teens/Adults 8:15 pm	

EFFECTIVE MAY 1, 2010!!

****Please arrive no earlier than 10 Minutes before class****

Uniforms should be cleaned, ironed and ODOR FREE**

****Minimum noise while awaiting your class, do not interrupt the class ahead of yours****

www.parlinata.com

New E-Mail: mastermac6th@gmail.com

732-721-5425

Word of the Month:

GOALS..

**Something you
want and are
willing to work
for..**



JULY 2010



2909 Washington Rd
Parlin, NJ 08859

732-721-5425

Email:

Mastermac6th@gmail.com

GRADUATION

DATES:

August 27&28!!

**ATA SCHOOL PICNIC @
BURKS PARK
AUG.29TH**

**AUGUST CAMP..
2nd -6TH**

Website:

www.parlinata.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17 NEW STUDENT ORIENTATION
18	19	20	21	22	23	24 GROUND FIGHTING TOURNAMENT
25	26	27	28	29	30	31