

BLACK BELT ACADEMY

MARLBORO CLASS SCHEDULE

BEGINNERS

<u>CLASS</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
TIGER CUBS 4 & 5		6:15	4:00	5:30		9:45 am
TIGERS 5-6	6:15		4:30		5:30	10:15 am
JUNIORS 7 – 12		6:45	5:00		5:30	10:15 am
ADULT WHITE thru RED Dec. 13 & UP	7:30	12pm Or 7:30		12pm Or 7:30		9:00 am

ADVANCED RANKS

<u>CLASS</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
CAMO, GREEN, PURPLE Tigers & Jrs.		5:30	5:45	4:00	4:45	11:00am
BLUE, BROWN, RED Jrs.	5:30	4:00	6:30	4:45	4:00	11:45am
RED/BLACK & BLACK BELT Jrs.	4:00	4:45	7:15	6:00	6:15	12:30pm
ADULT RED/BLACK thru BLACK 13 & UP	7:30	12pm Or 7:30	7:15	12pm Or 6:45		9:00 am
RWB LEADERSHIP	4:45				7:00	
RED COLLAR LEADERSHIP					7:45	

FITNESS

<u>CLASS</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
Cage Fitness	7:00pm		8:00pm	8:15pm		

*All class times are subject to change. *

June 2010

732-972-8999

www.marlboroata.com

Word of the Month:

Goals

*To want something
and be willing to
work for it.*

JULY 2010

Website: [Www.marlboroata.com](http://www.marlboroata.com)



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Marlboro

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**ESTIMATED
FUTURE
GRADUATION
DATES: August !!**

FUTURE CLOSED DATES:

AUG 7th

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 CLOSED	3 CLOSED
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	SUMMER CAMP!!!! (There <u>are</u> regular classes this week!)					
25	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED	